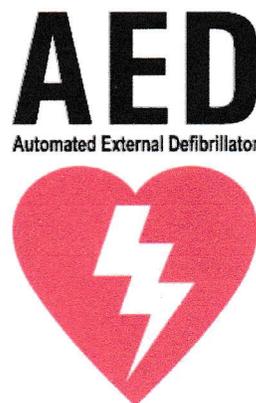


FACT SHEET: Automated External Defibrillators (AEDs)

- An AED is a small portable device computerized device that analyzes heart rhythms and advises the operator, through computerized voice instructions, when to push a button to deliver a potentially lifesaving shock to the victim. They are safe, effective and easy to use. Most AEDs are no bigger than a laptop computer, weighing less than 10 pounds.
- When someone collapses from sudden cardiac arrest, average survival rates can be 6%; with a range of 1 to 5 percent in most communities. As many as 30 to 50 percent could survive if cardiopulmonary resuscitation and AEDs were used within five minutes of a collapse.
- Early defibrillation with an AED is a critical link in the chain-of-survival because the time between collapse and defibrillation is a key indicator of survival from sudden cardiac arrest. For patients in Ventricular fibrillation, previous studies have shown if early defibrillation is provided within the first minute, the odds are 90 percent that the victim's life can be saved. After that, the rate of survival drops 10 percent with every minute.
- A 2006 University of Pittsburgh study found that people in sudden cardiac arrest were more than 10 times more likely to survive if police who arrived at the scene before paramedics had used an AED. Yet, less than one third of police departments are equipped with AEDs.
- The Public Health Improvement Act, signed by President Clinton on Nov. 13, 2000, includes provisions that allow the U.S. Department of Health and Human Services to ask that AEDs be placed in federal buildings.

Figure 1: Universal AED Symbol



The Sudden Cardiac Arrest Association's mission is to prevent loss of life from sudden cardiac arrest. We seek to increase awareness, encourage training for immediate bystander action, increase public access to defibrillation and promote the use of available medical devices and therapies, principally, implantable cardioverter defibrillators (ICD). SCAA members are the beneficiaries of improved science and medical technology, coupled with the wisdom and caring of thousands of physicians. For more information, please visit us at www.suddencardiacarrest.org